

Temperament Tips

The Idealist (Ideal Seekers)

Motivated by a need to understand themselves and other.
Valuing authenticity and striving for an ideal world.
At their best they are compassionate, warm, loyal, helpful, idealistic and genuine.
At their worst they are hypersensitive, overly emotional, judgmental, impractical, unrealistic and self-absorbed.
Idealists direct their attention toward understanding others.

The Rational (Knowledge Seekers)

Motivated by a need for knowledge and competency.
Valuing the theoretical and the powers of the mind.
At their best they are innovative, inquisitive, analytical, bright, independent, witty and competent.
At their worst they are arrogant, cynical, distant, critical and self-righteous.
Rationals prize intelligence and feel compelled to constantly improve their base of knowledge.

The Guardian (Duty Seekers)

Motivated by a need to be responsible in all their social groups.
Valuing tradition and striving to follow the rules.
At their best they are reliable, organized, focused, conscientious and hard-working.
At their worst they are judgmental, controlling, inflexible and close-minded.
Guardians focus on maintaining the status quo and carrying on business as usual.

The Artisan (Action Seekers)

Motivated by a need for freedom and to take action.
Valuing living in the moment, flexibility and spontaneity.
At their best they are optimistic, generous, fun-loving, adventurous, realistic and adaptable.
At their worst they are hyperactive, impatient, impulsive and scattered.
Artisans don't need to understand life but strive to experience it.

The Idealist

- Quest: Identity
- Style: Catalyst
- Achilles' Heel: Guilt
- Seductive, interpersonal, supportive, sympathetic, cooperative, imaginative, mysterious, sensitive, persuasive, expressive, diplomatic, empathic
- Song: "Getting to Know You"
- Slogan: "Be all that you can be."
- Home Décor: hearts and flowers, symbols and meaning



The Rational

- Quest: Competency
- Style: Visionary
- Achilles' Heel: Incompetence
- Knowledgeable, objective, intellectual, curious, conceptual, competitive, principled, complex, argumentative, innovative, fair
- Song: "My Way"
- Slogan: "Knowledge is power."
- Home Décor: books and computers, puzzles and mind games



The Guardian

- Quest: Belonging
- Style: Traditionalist
- Achilles' Heel: Disorganization
- Loyal, dutiful, precise, decisive, stable, responsible, structured, orderly, accountable, inclusive, authority-centered, rule-follower
- Song: "Tradition"
- Slogan: "To protect and to serve."
- Home Décor: neat and organized, well decorated



The Artisan

- Quest: Action
- Style: Trouble Shooter
- Achilles' Heel: Routine
- Spontaneous, flexible, joyful, immediate, uninhibited, practical, adaptable, resourceful, fun, direct, skillful, experiential, tool-users
- Song: "Help Me Make It Thru the Night"
- Slogan: "Carpe diem." (seize the day)
- Home Décor: unfinished projects, fine craftsmanship, fun and games

